

AI, Surveillance & Your Agency

Understanding the machinery of feeds, data, and persuasion

How algorithmic systems shape attention and behavior — and how to keep your judgment.

How the Recommendation Feed Shapes You [scholarly]

Engagement-optimized feeds personalize reality, reward outrage, and quietly narrow what you see.

The Surveillance Business Model [scholarly]

Why 'free' platforms extract behavioral data — and how prediction products are sold.

Using AI as a Tool, Not an Authority [speculative]

Principles for keeping judgment human while still using AI productively.

The Attention Economy and Your Dopamine [scholarly]

How products engineer compulsion — variable rewards, infinite scroll, and the war for your focus.

When the Algorithm Is the Authority [scholarly]

How opaque models make consequential decisions — and why 'the math' is not neutral.

Deepfakes and the Crisis of Evidence [speculative]

When any image, voice, or video can be faked, how do we know what's real?

Practical Data Privacy Without Paranoia [wellness]

Realistic habits that meaningfully shrink your data exposure — ranked by effort and payoff.

Cambridge Analytica: Data as a Weapon [historical]

How harvested social data became psychographic targeting — the documented scandal that made surveillance capitalism concrete.

Snowden, PRISM & Bulk Collection [historical]

The 2013 disclosures that confirmed mass, suspicionless surveillance — and what they did and didn't reveal.

Facial Recognition & the Biometric Net [scholarly]

How face, gait, and voice became trackable identifiers — Clearview AI, error rates, and the stakes of a body you can't change.

Predictive Policing & Algorithmic Justice [scholarly]

When models forecast crime and risk, whose past becomes whose future — and the feedback loops that bake in bias.

Social Credit & Behavioral Scoring [scholarly]

Scoring citizens by behavior — what China's systems actually are, and the quieter Western equivalents.

Educational use only. Not a substitute for professional medical, legal, or emergency advice. In a life-threatening situation, contact local emergency services and follow official guidance.